



# Children's FOUNDATION OF GUELPH AND WELLINGTON

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## FOOD & Friends Program DUFFERIN • WELLINGTON • GUELPH

Welcome to the beginning of another school year, the 15th for me! With many new things to learn, I feel like this is my first week back to school too.

Rowan's Law (concussion safety law) comes to mind and continuing to advocate for causes such as zero tolerance for bullying; children and youth's rights; and including our practice of ensuring that all students go to school well fed and ready to learn.

Knowing the surprising stat that one in six Canadian students go to school without breakfast, I'm looking forward to working with you to help those who are challenged and to celebrating those who succeed throughout this school year.

Anita Macfarlane, Food & Friends Program Director

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You will find the following dates in the [Academic Calendar](#) in **Resources** on the website.

- Sept 10 - 17 - Costco Bookmark Campaign
- Sept 12 - Food Safety Training, Guelph Public Health
- Sept 13 - Oct 5 - Walmart Bookmark Campaign
- Sept 17 - 23 - Tim Horton Smile Cookie Campaign
- Sept 21 - **Network Meeting Registration deadline**
- Sept 24 - Adopt A Family Referrals open
- Sept 26 - Translation Accessibility Survey deadline

### Network Meetings

- Fergus

-  
October  
1,  
2018  
[Register  
here](#)

■ Guelph

-  
October  
2,  
2018  
[Register  
here](#)

■ Orangeville

-  
October  
3,  
2018  
[Register  
here](#)

We encourage all program coordinators and volunteers, partners, principals and committee members to register (above) and join us for the Bridges out of Poverty session at one of the three locations.

**Bridges out of Poverty** is a framework designed to educate individuals on what it means to live in poverty. Through education and awareness, Bridges helps build sustainable communities where everyone can do well.

Bridges training is offered to anyone interested in learning more about the social and economic impact that poverty has on individuals and our community.

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## Thanks To Our Supporters

**Town of Erin** will help provide over 2,000 healthy meals to students.

**Georgapalooza** has supported our programs for the last five years and allowed us to offer food to almost 7,000 students.

**Centre Wellington Community Foundation** has provided funds for the John Black Public School salad bar.

**Fergus Elora Rotary Club** gifted the St. John Catholic School monies for their salad bar.



**Community of Christ** have assisted us in offering 1,275 meals to hungry students this year.

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## Events

Food & Friends will be offering delivery of apples to those who register to participate in **The Great Big Crunch** on October 25, 2018.

Whether your program participates in a day's worth of activities, an afternoon, or just one

Great Big Crunch, we hope your students come away from the experience with an enhanced interest and understanding of local produce. Your participation will:

- \* promote and celebrate healthy snacking.
- \* highlight availability of locally grown apples year 'round.
- \* potentially contribute to fundraising for your program by having the kids donate a quarter or loonie for their apple.

Register for Great Big Crunch [here](#) by October 4, 2018 to participate.

Apples are donated by Drummond Farms.

**Note:** Apples will require washing!



**Tim Hortons Smile Cookies will be here soon!**

We're excited to be a part of this project that has raised close to \$600,000 for our Food & Friends programs and can't wait to see how much the community can raise.

Buy yours from September 17-23. Your full dollar will help to support our programs throughout Elora, Fergus, Guelph, Arthur, Mt. Forest, Harriston and Shellburne.

Preorder your Smile Cookies with the form from the SNP Manager/Director.

Please help to promote the project by using #smilecookie. / @TimHortons on social media.

**Around The World Gala**

Gala tickets now available!!

[Click here to Hula](#)

Get your grass skirts and Hawaiian shirts ready!

Why do we hula?

The Children's Foundation's Around the World Gala is a celebration of all you've helped us achieve and a look forward at continuing to build hope and to break the cycle of poverty for local children.

Aloha 'Ohana!

YOU are our 'ohana - our extended family and friends - and you support the 'ohana around you - those that need a helping hand, our community and our neighbours. We couldn't do it without you!

When and where?

Hula with us on Saturday, October 13th at the Delta Guelph Hotel.

5:30 p.m. Doors Open & Silent Auction

6:45 p.m. Dinner Service

9:25 p.m. Live Auction

10:35 p.m. Grand Prize Raffle Draw

Exact times subject to change.

Entertainment throughout.



**Fresh From The Farm**, Healthy Fundraising for Ontario Schools, provides schools the opportunity to raise funds (schools keep 40% of sales) by selling fresh, Ontario-grown fruit and vegetables to the community, while promoting healthy eating and supporting Ontario farmers.

Fresh from the Farm is a single fundraising event, with the school delivery scheduled for a pre-advised date in November through to early December. Enrol your school from May 2 - October 2.

**Metro Green Apple School Program grant** applications for the 2018/2019 school year will open in September 2018.

The goal of the Green Apple School Program is to

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encourage Ontario students to adopt healthy eating habits and increasing their fruits and vegetables consumption, which are the foundation of healthy eating habits.



Like previous editions, METRO will invest \$500,000 by awarding \$1,000 grants to elementary and secondary schools in Ontario.



The **Bishop's Dinner** for Community Needs will occur on October 4, 2018 at the Italian Canadian Club at 5:45 p.m. with Bishop Crosby to raise funds for Guelph and Wellington community organizations including the Children's Foundation of Guelph and Wellington.

The annual Bishop's Dinner has been a tremendous success since 2002 and includes a wonderful silent auction and talent and testimony by students of the Wellington Catholic District School Board.

Join us at the dinner by [purchasing tickets with this order form.](#)

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## Language Accessibility Survey

Feedback is very important to the Children's Foundation of Guelph and Wellington and we use it to help us improve what we do. Part of our new strategic plan is to look at how we can be as accessible as possible to families. Accessibility includes the language(s) that we use on our website and printed materials.



We would like your feedback on whether language is or has been a barrier for you and/or your family in using our services.

We are asking you to fill out a short survey (approximately 5-7 minutes long) **by September 28th** . We will use your feedback to better understand families' language preferences to possibly make improvements to our website and the other materials we provide.

[Click here to complete the language accessibility survey.](#)

Thanks for your input!

You are receiving this email as a principal, coordinator, committee member or supporter of the Food & Friends Program. If you are interested in keeping up to date on all the activities and events of the Children's Foundation [click here](#) to subscribe to the monthly newsletter, the Beacon.

You may unsubscribe to this email at any time by clicking the Unsubscribe button below.



Providing Student Nutrition Programs across Ontario

Funded in part by the Ministry of Children, Community and Social Services

Administered regionally by the YMCA of Kitchener Waterloo

**Bringing healthy FOOD to Hungry Minds**



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