



# Children's FOUNDATION OF GUELPH AND WELLINGTON

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## FOOD & Friends Program DUFFERIN • WELLINGTON • GUELPH

Thanks to all the programs for submitting your grant renewals and year end reports. This information helps us determine your funding allocations for the 2019/20 school year.

Bobbi, Heather and I will be looking at funding allocations for Ministry of Community Children and Social Services (MCCSS), Breakfast Club of Canada (BCC), Children's Foundation of Guelph and Wellington Food & Friends (CFGW F&F) and Grocery Foundation throughout June.

I will let program Principals and Coordinators know their allocations in late August and hope to have a new Electronic Funds Transfer (EFT) payment process in place in September.

I want to thank you, endlessly, for your encouragement and support of our work over the past year! To our funding partners who believe in sharing real power; to our program coordinators and principals who know a healthy meal can change a life; thank you for your extraordinary gifts, which, thankfully, keep on giving.

### **Did You Know?**

489,905 Children (age 0-17) in Ontario live in low income. That's 18.4%!

Anita  
Food & Friends Program Director

P.S. This month we are celebrating teachers and inviting people to share a teacher impact story. You can tag us at @ChildrensFdnGW and use the hashtag: #CFGWTeachersWhoEmpower

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You will find the following dates in the [Academic Calendar](#) in [Resources](#) on the website.

**DATES TO  
REMEMBER**

June 14 - Year End Report due  
June 21 - Meals Prepared Tracking Sheets due  
End of school year - Succession Plan  
July 21 - Metro Green Apple Report due  
July 31 - Grocery Foundation Vouchers expire

### **Save the date**

Aug 9 - Nighthawks Basketball Game (details below)  
Sept 16 - 22 - Smile Cookie Campaign (more details to come)  
Oct 24 - Great Big Crunch (more details to come)



*F&F Program Manager Bobbi Turner with Curl for a Cause's Bruce and Joan Hawkins*

## **Thanks To Our Supporters**

### **Curl for a Cause**

Bruce Hawkins and his team of retired and working Centre Wellington residents created Curl For a Cause ten years ago, at a time when Bruce was struggling with the death of two family members. He had lost a brother-in-law and an uncle, both to cancer. "So I wanted to do something," he recalled. What he did was gather some friends to help organize a curling bonspiel, known back then as "Curl for a Cure". They raised \$12,000 for the Canadian Cancer Society.

Since then, the event has expanded to make donations to six local charities each year. The donation we received from Bruce and his team this year was \$7,785.

### **Grocery Foundation**

Since 2000, the industry supported Night to Nurture Gala has raised close to \$39 million.

The Night to Nurture Gala offers the grocery and food industry a unique opportunity to come together to make a significant, positive difference to children in Canada. Funds raised through the Gala benefit organizations that nurture the whole child such as Kids Help Phone and breakfast programs in Canadian schools.

This year the Gala will ensure 6,350 Food & Friends kids have a healthy and balanced meal which will make a difference in the lives of these children.

### **Monthly Donors**

Bright Future Funders are monthly donors who are investing in the health and well-being of children in need. Investing in children means changing their future and making it brighter.

In 2019, 3,960 healthy meals will be provided through the generosity of our Bright Future Funders!

### **School Boards**

Thanks to our school boards for their partnership and meeting spaces.

As part of the school boards summer shutdown, the fridges and freezers will be turned off for the months of June and July. Be sure to empty out any food you might have!

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## **Thanks to Our Volunteers**

"One of our volunteers struggled with social interactions and overall involvement due to a diagnosis of Autism Spectrum Disorder.



Helping out with the program has allowed her to make friends and to learn skills to help with group encounters. It has given her initiative to get out of her bubble and experience new joys we all take for granted."

Send feedback, stories, pictures or drawings to us either by:

- Emailing [foodandfriends@childrensfoundation.org](mailto:foodandfriends@childrensfoundation.org)
- Mailing to 87 Waterloo Avenue, Guelph ON N1H 3H6
- Call Anita at 519-826-9551 ext 22 to speak over the phone or to set-up a time to come and visit us in our office to have a conversation.

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## **Events**

**The Guelph Nighthawks** are Guelph's



newest sports entertainment option, men's professional basketball. They are playing their inaugural season downtown Guelph at the Sleeman Centre.

The Nighthawks are one of six teams in the Canadian Elite Basketball League. Their goal is not only to offer an elite level of basketball talent on the court but to also provide an all-encompassing entertainment experience that is both affordable and fun for everyone, even if you aren't a basketball fan.

With the Hawk's Nest Family Zone at one end of the court and the Baseline Social Bar at the other, a live DJ, dance crew and exciting half time acts, the Nighthawks are more than just a basketball team, they are a sport's entertainment experience.

The Children's Foundation will be volunteering at the game and receiving the proceeds from the 50/50 draw at the Nighthawks game on Saturday, August 9. Contact [brenda@childrensfoundation.org](mailto:brenda@childrensfoundation.org) to help out!

Visit <http://nighthawks.spinzo.com/cfgw> for discounted tickets.

To check out a Nighthawks game before August, visit [thenighthawks.ca](http://thenighthawks.ca) for tickets. Home games are primarily Saturday evenings with tip-off at 7pm.

### **Empowerment Campaign**

This new campaign to raise additional funds for children and youth in need runs from mid-May to end of June.



You know that life is all about opportunities. Found and taken or not, there are endless opportunities out there.

But that's not the case for everyone. Kids from low-income families face hurdles that other kids don't. They aren't given the same opportunities. Because of this, they often miss out on reaching their full potential.

When you donate to the Children's Foundation, you remove some of those hurdles and give those kids more of the opportunities that others take for granted. You empower them to dream and to create. You empower them to become stronger in the face of adversity and you empower them with the confidence to achieve their goals.

The children and youth we serve already have incredible abilities and talents. Help

those kids get the opportunity to let those abilities and talents shine out into the world.

Please, empower kids now so you can help break the cycle of poverty. Help these kids reach their full potential. **DONATE NOW!**

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You are receiving this email as a principal, coordinator, committee member or supporter of the Food & Friends Program. If you are interested in keeping up to date on all the activities and events of the Children's Foundation [click here](#) to subscribe to the monthly newsletter, the Beacon.

You may unsubscribe to this email at any time by clicking the Unsubscribe button below.

**THANKS TO OUR CORE SUPPORTERS:**



Providing Student Nutrition Programs across Ontario

Funded in part by the Ministry of Children, Community and Social Services

Administered regionally by the YMCA of Kitchener Waterloo

**Bringing Healthy FOOD to Hungry Minds**





We invite you to follow us on [Facebook](#), [Twitter](#) or [Instagram](#) for the latest news on the Children's Foundation.

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