



**Children's
FOUNDATION**
OF GUELPH AND WELLINGTON

Food & Friends Program
DUFFERIN • WELLINGTON • GUELPH



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Congratulations on another successful school year of bringing healthy food to hungry minds. As of June 7th, Food & Friends programs has fed over 2,250,000 meals!

Thanks to all the programs for submitting your grant renewals and year end reports. This information helps us determine your funding allocations for the 2018/19 school year.

Bobbi, Heather and Anita will be looking at funding allocations for Ministry of Children and Youth Services, Breakfast Club of Canada, Children's Foundation of Guelph and Wellington Partnership and Grocery Foundation throughout June. We will let program Principals and Coordinators know their allocations in late August.

We wish you all a healthy and happy summer and look forward to embarking on the new school year!



Important Dates

You will find the following dates in the [Academic Calendar](#) in **Resources** on the website.

June 7 - [Monthly/Quarterly Report](#) due

June 8 - [Year end Report](#) due

June 13 - Food Safety Course - Public Health, Fergus
June 22 - Notify foodandfriends@childrensfoundation.org of your President's Choice Children's Charity allocation
June 29 - [Food Accessibility and Life Skills Survey](#) due
July 18 - Food Safety Course - Public Health, Guelph
July 21 - [Metro Green Apple Report](#) due
July 31 - Grocery Foundation Vouchers expire
Aug 8 - Food Safety Course - Public Health, Orangeville
Sept 4 - First Day Back to School
Sept 12 - Food Safety Course - Public Health, Guelph

Save The Date:

Network Meetings

Oct 1 - Public Health, Fergus
Oct 2 - Public Health, Guelph (Chancellor's Way)
Oct 3 - Public Health, Orangeville

Exciting topics on the agenda will include:

- * Network Cafés including menu planning
- * Bridges Out of Poverty Workshop
- * Food Safety Course Exams - The information in this [food safety training guide](#) from Halton Region Health Department is equivalent to what Wellington Dufferin Guelph Public Health would teach for the in-person class and online courses. You may find it helpful to read through it on your own and then write the exam at the network meeting.

Thanks To Our Core Supporters

Ministry of Children and Youth Services

has enabled us to feed millions of meals to hungry students for over two decades.



President's Choice Children's Charity

offered a School Nutrition Grant which supported 30 Food & Friends programs during the 2017/18 school year. For 2018/19, programs applied for the grant independently and will be notified if their allocation in June.

Tim Hortons in Guelph, Wellington and Shelburne brought SMILEs to many students with a wonderful donation that has provided 46,609 meals!

Breakfast Club of Canada has donated yogurt, Motts Apple Sauce and Minute Maid juice along with much needed funding for 45 Food & Friends programs.



Hendrix Genetics increased their donation from the Community Giving Workplace campaign, providing 20,690 healthy meals to hungry minds!

The Grocery Foundation, is a long-time supporter of student nutrition programs in Ontario, The "Toonies 4 Tummies" campaign with local stores Metro, Food Basics and Longos collecting funds from February 2nd - 23rd! The Foundation has also gifted Food & Friends \$8,600 for equipment and food purchases from proceeds of their Night to Nurture gala. We also receive support of the Voucher Program that gives 30 Food & Friends programs the opportunity to purchase vouchers and save up to 50% off select items. Incidentally, vouchers cannot be used to purchase prepared fruit and veggie trays.

And a special thanks to the **YMCAs of Cambridge & Kitchener-Waterloo** for hosting the Central West Region Student Nutrition Program.



Events

An En-CORE Performance!

Due to popular demand, Food & Friends will be offering delivery of apples to those who register to participate in **The Great Big Crunch** on October 25, 2018.

Whether your program participates in a day's worth of activities, an afternoon, or just one Great Big Crunch, we hope your students

come away from the experience with an enhanced interest and understanding of local produce. Your participation will:

- * promote and celebrate healthy snacking.
- * highlight availability of locally grown apples all year 'round.
- * potentially contribute to fundraising for your program by having the kids donate a quarter or loonie for their apple.

[Register for Great Big Crunch here](#) by October 4, 2018 to participate.

The Children's Foundation takes part in a lot of summer events and one of those is the annual **Canada Day Celebrations** at Riverside Park hosted by the Rotary Club of Guelph Wellington. This year, we are once again partnering on the Duck Race Raffle, and I'm hoping you might be able to help.



One of our tasks is to sell as many Duck Raffle tickets as we can! The sales we make directly support the Children's Foundation programs, with \$5 from every \$10 ticket sold coming back to help build hope for local kids and break the cycle of poverty.

There are some great prizes in the raffle this year! \$5,000 Downtown Guelph shopping spree, Smart T.V., Maple Leafs tickets, Blue Jays tickets and more!

Please contact anita@childrensfoundation.org to purchase your tickets before June 29th!

Fresh From The Farm, Healthy Fundraising for Ontario Schools, provides schools the opportunity to raise funds (schools keep 40% of sales) by selling fresh, Ontario-grown fruit and vegetables to the community, while promoting healthy eating and supporting Ontario farmers. Fresh from the Farm is a single fundraising event, with the school delivery scheduled for a pre-advised date in November through to early December. Enrol your school from May 2 - October 2.



Elaine Kehoe Climbs Mount Kilimanjaro on July 16, 2018 and is hoping to raise \$5,000. Proceeds will go to the Orangeville Food Bank where 50% of the funds will be used to purchase fresh and perishable foods and 50% will go to local breakfast programs in Dufferin County.

Are you having a difficult time figuring out what to give as a year-end gift to a teacher, child and youth worker or administrator?

Why not give a [donation in their honour](#)? You



can direct your donation to your specific program in the "Additional notes regarding your donation" field.

Thank you for all that you did this school year to bring healthy food to hungry minds!

You are receiving this email as a principal, coordinator, committee member or supporter of the Food & Friends Program. If you are interested in keeping up to date on all the activities and events of the Children's Foundation [click here](#) to subscribe to the monthly newsletter, the Beacon.

You may unsubscribe to this email at any time by clicking the Unsubscribe button below.

Bringing Healthy Food to Hungry Minds



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