



Children's Foundation of Guelph and Wellington

Vision: A community where every child and youth has the opportunity to participate, learn and grow to reach their full potential.

Mission: We empower children and youth by connecting families with opportunities to build hope for lifelong change and break the cycle of poverty.

Food & Friends

Beliefs

- Communities have a collective responsibility for children and youth.
- Healthy food and good nutrition are fundamental components of healthy child and youth development.
- Good nutrition positively affects a child or youth's ability to learn.
- Collaborative networks are effective in creating, facilitating and supporting sustainable quality student nutrition programs.
- Establishing healthy eating practices leads to lifelong nutritional habits and prevention of long-term disease.

Principles

- Universality of access to the student nutrition programs.
- Treatment of students and their families with dignity, empathy and respect for their privacy.
- Gratitude for donors, volunteers, staff and community partners for their support and the impact they have on the lives of children and youth in our community.
- Reasonable expectations on volunteer program co-ordinators (example; quarterly reporting as opposed to monthly) through effective communication.
- Student nutrition programs will be consistently available and responsive to the needs of the community.
- Transparency of student nutrition program operating criteria.
- A commitment to continuous improvement through: strategic planning and administration; enhancing quality; and, ensuring consistent, clear standards and guidelines with data to inform us.
- A focus on the value of life skills education in fostering healthy eating environments.
- Recognition that strategic, ethically sound, long-term fundraising and financial planning is fundamental to quality, sustainable student nutrition programs.
- Continuously create opportunities to enhance the Food & Friends profile and identity within the larger community.