



FOOD & Friends Program DUFFERIN · WELLINGTON · GUELPH

Food & Friends (Dufferin-Wellington-Guelph) is a program of the Children's Foundation of Guelph and Wellington that encourages all children to eat well in order to positively affect their ability to learn.

Our Mission

We empower children and youth by connecting families with opportunities to build hope for lifelong change and break the cycle of poverty.

Our Objectives

- To bring together individual nourishment programs.
- To support them in the development of their programs.

What We Do

F&F provides support to vulnerable children and youth by

- applying for grants on behalf of student nutrition programs
- ensuring criteria and reporting requirements for grants are fulfilled as these programs are delivered
- assisting individual programs with their local fundraising efforts
- recruiting and training volunteers to ensure appropriate food menu planning and safe food handling
- providing continuity and assistance in the administration of these programs
- organizing forums to promote best practices to enable continuous improvement
- maintaining quality assurance regarding guidelines and standards recommended by the ministry and national charities that provide funding for school-based nutrition programs

Our community partners include agencies, organizations and private sector companies who support us in our mission, principals and beliefs.

Quick facts about Dufferin-Wellington-Guelph **Food & Friends**:



We support 106 snack, breakfast, morning meal and lunch programs at both elementary and secondary schools.



About 977 student and 897 adult volunteers help to deliver the snacks, breakfasts, morning meals and lunches.



We provided 2,447,000 meals to over 17,000 school aged children and youth in the 2017/2018 school year.

For more information contact Anita Macfarlane, Program Director at 519-826-9551 ext. 22, anita@childrensfoundation.org or check us out at

<http://www.childrensfoundation.org>

BRINGING HEALTHY FOOD TO HUNGRY MINDS