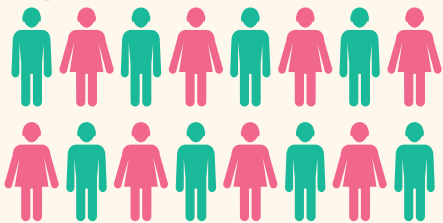
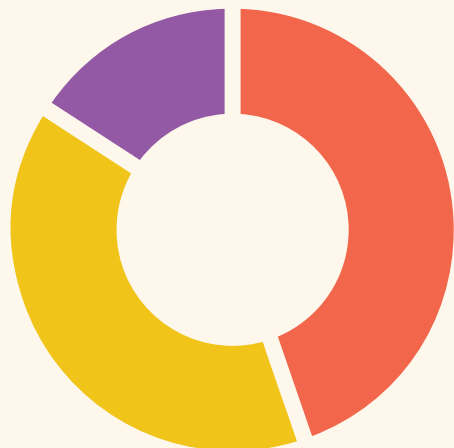


## How did you help build brighter futures in 2013?

total children helped:  
15,758



number of children helped by municipality:



- Guelph - 7,048
- Wellington County - 6,245
- Dufferin County\* - 2,465

\*Dufferin County is currently only assisted by Food & Friends

**Adopt-A-Family** Ensures all children get the chance to create holiday memories, even if their family is in a difficult financial situation.

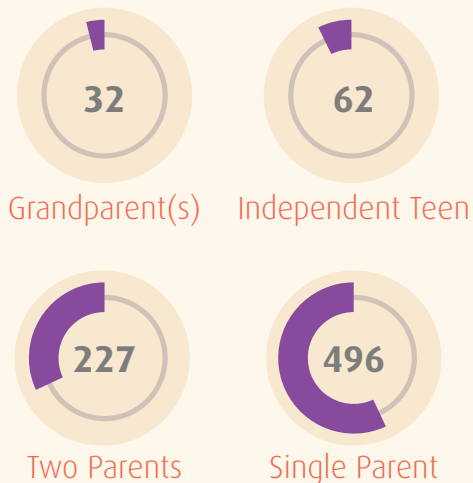
**1,881 children** had presents under the tree



**817 families** received grocery cards for their holiday dinners



### family type

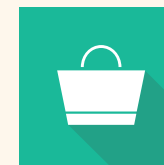


**Food & Friends** Breakfast, lunch and snack programs for students in a supportive, nonjudgmental environment where they feel cared for and safe.

**851 volunteers**  
**27,834 hours**



**1,036,203 meals** were provided at **92 student nutrition programs**



**34 snack/healthy basket programs**

**47 breakfast / morning meal programs**



**11 lunch programs**



**Grants Program** Financial assistance for children so that they can participate in sports, cultural and recreational activities.

**1428 activities** were enjoyed by children

**319 kids** went to camp



**140 kids** took art, music or dance

**969 kids** participated in sports



**most popular sport = soccer** **171 kids**

**\$16,982 average household income** of applicants



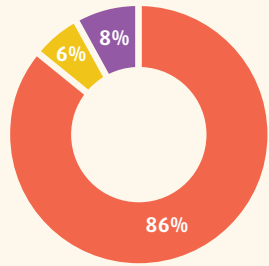
**Scholarships** Focus not on academic standing but rather on life achievement and goals in the face of difficult life situations.



**20 students** received scholarships for post-secondary education

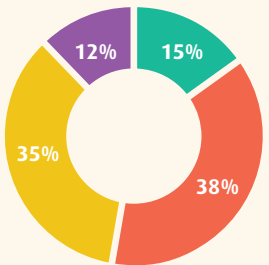
## Financial Snapshot

### 2013 expenses



- **Programs**  
\$1,369,027
- **Administration**  
\$95,467
- **Fundraising**  
\$122,846

### 2013 revenue



- **Donations**  
\$624,377
- **Grants & Government**  
\$571,086
- **Events**  
\$204,146
- **3rd Party Fundraising**  
\$246,045

Full audited financial statements available on [childrensfoundation.org](http://childrensfoundation.org)

**Impact** Our programs support children's intellectual, emotional and physical well-being. What does that mean?

- Better health & nutrition
- Reduced stress in the home
- Hope for the future
- Increased physical activity
- Ability to learn
- Reduced barriers & stigma
- Feeling cared for
- Increased self confidence
- Reduced bullying
- Fun & smiles

## Success Stories

"We are so lucky to have The Children's Foundation in our community. By helping our clients get involved in activities and sports through your Grants Program, you have helped to make a change in their lives. I have seen demonstrated changes in children and youth that have stopped responding to treatment turn around because you gave them the opportunity. I have had a youth return to taking his medication and another go back to school because you gave them the chance to take part in an activity. And I cannot say enough great things about Adopt a Family. It is truly wonderful to see the tears in some parent's eyes when I come with the gifts. Thank you all for everything you do!"

Canadian Mental Health Association Worker



"Our school greatly appreciates your support to feed kids in our school who have missed breakfast and are hungry when they head to school. I appreciate everything you guys do from giving us nutritious snacks to fuel us. I love the watermelons, but so far we got none. But we have oranges which are my favorite too.....To show my appreciation I will make up a story. There once was a kid named Thomas. At home, he barely had food. He doesn't have snacks for school, but only a jam sandwich for lunch. Then Food and Friends started. Now Thomas has snacks every day to keep his stomach full."

Student from St. Peter's Catholic School

## Board of Directors

- |                          |                 |
|--------------------------|-----------------|
| Jack Watson (Chair)      | Allan Asselin   |
| Jan Craig (Vice Chair)   | Teresa Durigon  |
| Lori Curtis (Treasurer)  | Lisa Gazzola    |
| Art Skidmore (Secretary) | Larry Kich      |
| Erin Allard              | Cathe Lovell    |
|                          | Jennifer O'Neil |
|                          | Kevin Reynard   |

## Staff

- |                                   |                  |
|-----------------------------------|------------------|
| Glenna Banda (Executive Director) | Karyn Kirkwood   |
| Kristen Drexler                   | Laurie Lantaigne |
| Jessica Johnstone                 | Anita Macfarlane |
|                                   | Bobbi Turner     |

## Donor Hall of Fame

The Children's Foundation of Guelph and Wellington would like to thank the following donors, who have shown long-term support and tremendous generosity. In 2013, they joined other supporters who were previously recognized at the following levels.

**Benefactors – Over \$100,000 donated**  
Canadian Tire Jumpstart

**Visionaries – Over \$50,000 donated**

- |                          |                            |
|--------------------------|----------------------------|
| Dave & Cindy Copeland    | Scott & Jana Pollard       |
| City of Guelph           | Sears Guelph               |
| Guelph Soccer            | Skyline Group of Companies |
| Healthy Communities Fund | TD Bank Group              |

**Champions – Over \$25,000 donated**

- |                        |                            |
|------------------------|----------------------------|
| Balnar Management Ltd. | Guelph Saultos             |
| Ceramic Décor          | North America Construction |
| Glen Estill            | University of Guelph       |
| GFTC Legacy Fund       |                            |

## ANNUAL REPORT

2013



the Children's Foundation of Guelph and Wellington  
Every child deserves a bright future

519.826.9551  
[childrensfoundation.org](http://childrensfoundation.org)